

脂肪酸、氧化应激与糖尿病

黎 健

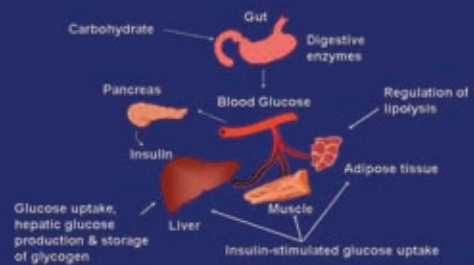
(卫生部北京老年医学研究所 研究员)

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卫生部北京老年医学研究所
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 2011. 11. 07

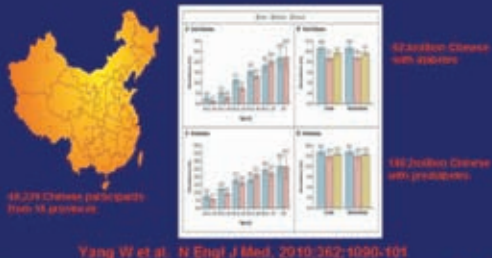
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在正常生理状态下葡萄糖的稳态



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中国糖尿病的发病率



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假说



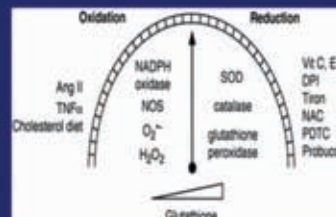
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研究背景

- 2型糖尿病的主要特征为血糖升高、血脂异常和肥胖等。其病理生理学基础为胰岛素抵抗与β细胞功能障碍。
- 肥胖引发的血清游离脂肪酸 (FFA) 升高可引起胰岛素抵抗和β细胞功能失调，导致糖尿病的发生。
- 高浓度FFA通过引发氧化应激而导致β细胞氧化损伤和细胞凋亡。
- 动物实验亦证实，在糖尿病发生发展过程中伴随着大量活性氧的产生。

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细胞中氧化与还原反应的平衡



当某些因素作用于细胞使这一稳态失调，活性氧 (ROS) 产生的速率大于清除的速率时，就会造成ROS的累积，产生氧化应激，导致细胞和组织损伤。

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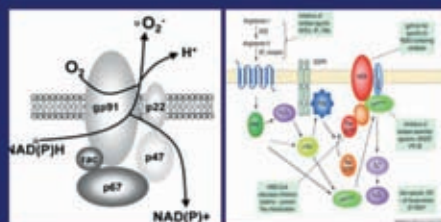
活性氧 (ROS)

- 超氧阴离子
- 羟自由基
- 过氧化氢
- 一氧化氮黄嘌呤氧化酶 (XO) 自由基等



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NADPH氧化酶的结构与激活



Cai H et al. Trends Pharmacol Sci. 2003; 24(9):471-475

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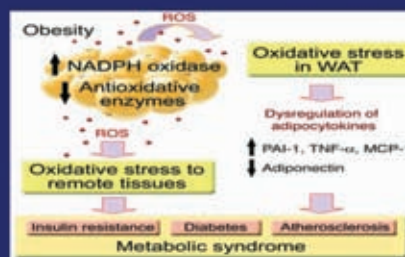
活性氧的来源

- 线粒体呼吸链复合体;
- 黄嘌呤氧化酶;
- 脂氧合酶;
- 内皮型一氧化氮合酶;
- NADPH氧化酶。

* NADPH氧化酶目前被认为是血管等组织内生活性氧的主要酶体。

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脂肪蓄积引起的活性氧水平升高



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NADPH氧化酶的结构



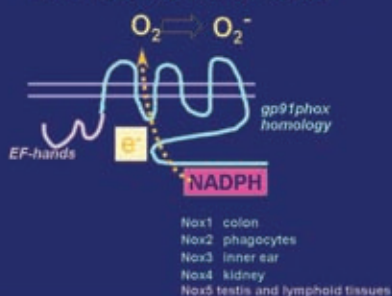
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糖尿病患者体内氧化应激状态的检测

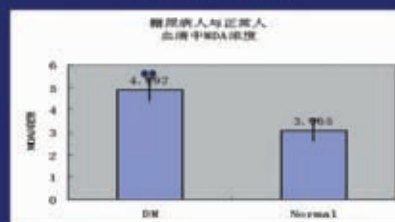
- 血清丙二醛 (MDA)
- 血清蛋白羧基化
- 单核细胞ROS水平
- 单核细胞NADPH氧化酶表达
- 单核细胞NADPH氧化酶活性 (P47定位)
- 血清SOD活力

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NADPH氧化酶 (NOX) 家族



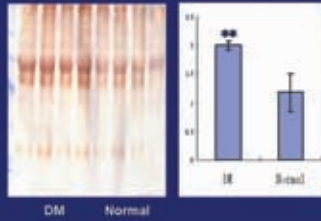
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糖尿病患者体内的氧化应激状态
—血清MDA水平升高

Ning X et al. Diabetes Res Clin Pract. 2015; 97(2):271-280

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糖尿病患者体内的氧化应激状态 —血清蛋白羧基化增加



Huang X et al. Diabetes Res Clin Pract. 2015; 97(2):374-380

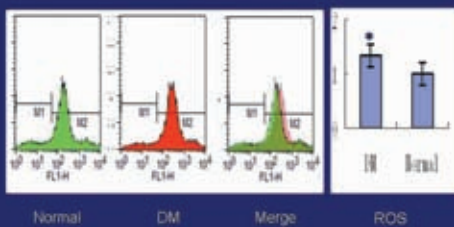
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NOX在FFA诱导的肝脏胰岛素抵抗中的作用

?

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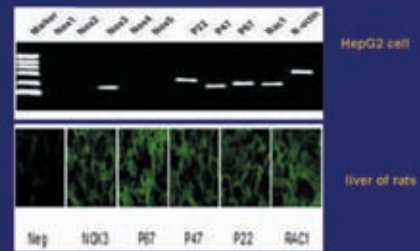
糖尿病患者体内的氧化应激状态 —单核细胞ROS水平升高



Huang X et al. Diabetes Res Clin Pract. 2015; 97(2):374-380

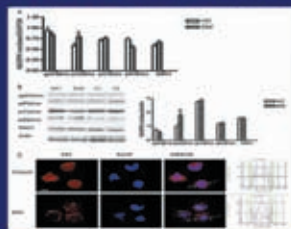
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HepG2细胞和肝脏主要表达NOX3及其亚组分



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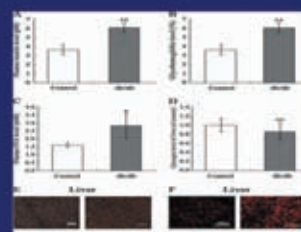
糖尿病患者体内的氧化应激状态 —单核细胞NADPH氧化酶表达与活性增强



Huang X et al. Diabetes Res Clin Pract. 2015; 97(2):374-380

Beijing Institute of Nutrition, Ministry of Health

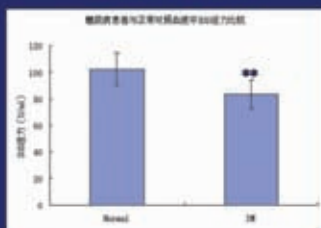
db/db小鼠发生氧化应激与胰岛素抵抗



Gao Q et al. J Biol Chem. 2010; 285(30):23995-23999

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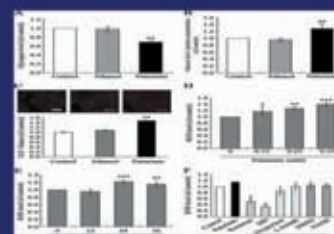
糖尿病患者体内的氧化应激状态 —血清SOD活力下降



Huang X et al. Diabetes Res Clin Pract. 2015; 97(2):374-380

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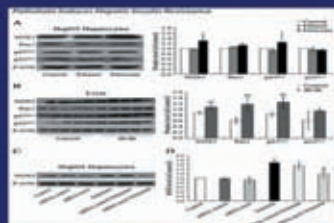
棕榈酸诱导HepG2细胞ROS升高与胰岛素抵抗



Gao Q et al. J Biol Chem. 2010; 285(30):23995-23999

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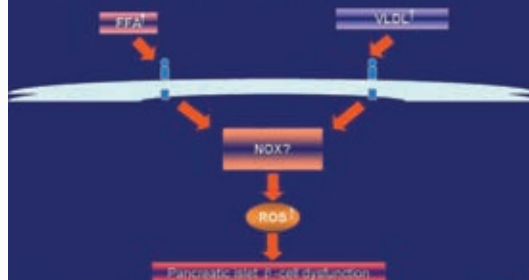
棕榈酸通过上调NOX3刺激ROS的产生



Gao Q et al. J Biol Chem. 2010; 285(34): 23905-23913.

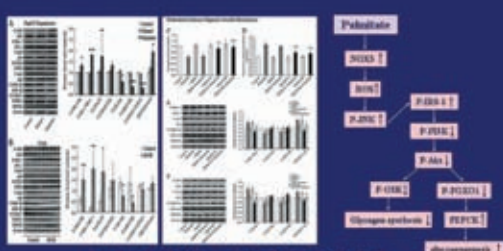
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NOX在FFA诱导的β-细胞功能障碍中的作用?



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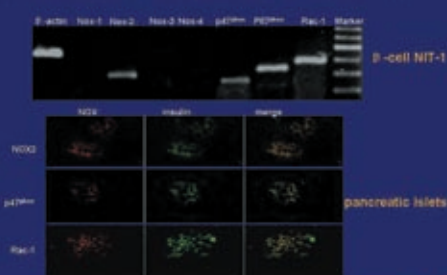
棕榈酸通过JNK-Akt通路诱导胰岛素抵抗



Gao Q et al. J Biol Chem. 2010; 285(34): 23905-23913.

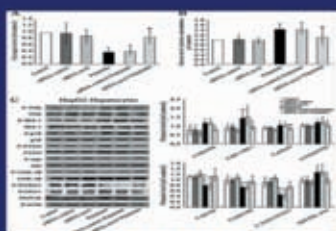
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β-细胞和胰岛主要表达NOX2及其亚组分



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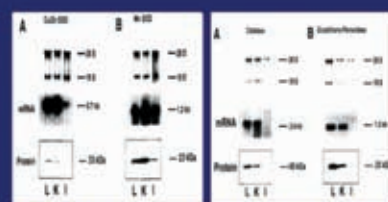
NOX3的敲低可逆转棕榈酸诱导的胰岛素抵抗



Gao Q et al. J Biol Chem. 2010; 285(34): 23905-23913.

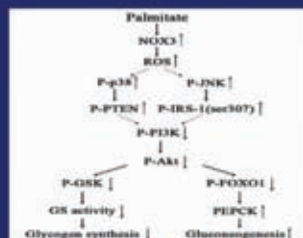
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胰岛β细胞是氧化应激引起组织损伤的靶标

Northern and Western blot analysis of NOX3, CAT and GPx expression in the liver(L), kidney(K) and pancreatic islets (I) from rats
Tiedge M et al. Diabetes. 1997;46:1733-1742

Nanjing Institute of Nutrition, Ministry of Health

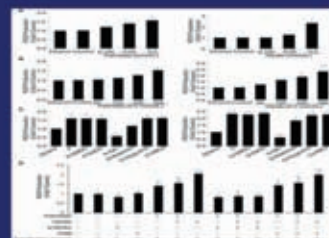
棕榈酸诱导胰岛素抵抗的分子机制



Gao Q et al. J Biol Chem. 2010; 285(34): 23905-23913.

Nanjing Institute of Nutrition, Ministry of Health

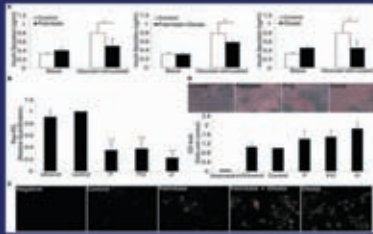
FFA诱导β-细胞NIT-1产生过多的ROS



Yuan W et al. PLoS ONE. 2010; 5(12): e15726

Nanjing Institute of Nutrition, Ministry of Health

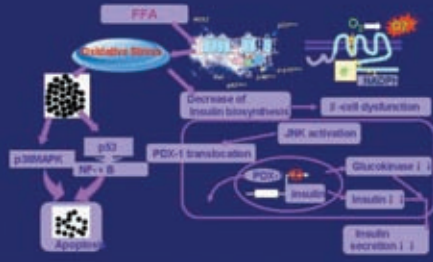
FFA诱导NIT-1细胞功能障碍与凋亡



Yuan H et al. *PLoS ONE*. 2019; 14(12): e015729.

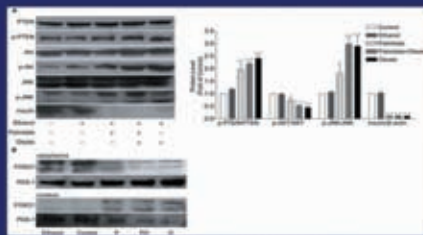
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FFA诱导β-细胞功能障碍与凋亡的分子机制



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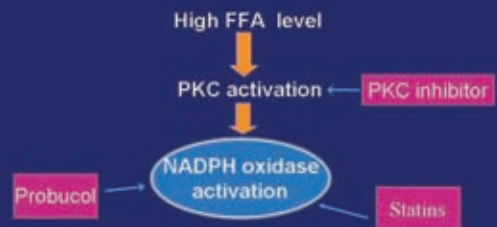
FFA通过PTEN-JNK-AKT通路减少胰岛素的合成



Yuan H et al. *PLoS ONE*. 2019; 14(12): e015729.

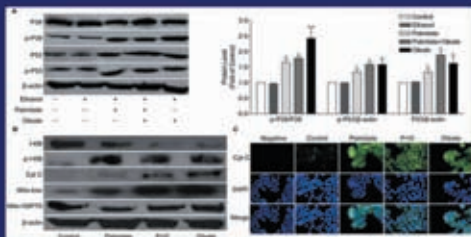
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以NADPH氧化酶为靶标 用于糖尿病的抗氧化治疗



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FFA通过p38MAPK和p53通路诱导NIT-1细胞凋亡



Yuan H et al. *PLoS ONE*. 2019; 14(12): e015729.

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辛伐他汀抑制β细胞中NOX2和P22、P67的表达

Figure showing the effect of simvastatin on NOX2 and P22, P67 expression in β cells. Panels A and B show Western blots and bar graphs of expression levels.

M: Marker 1: control 2: add LDL 3: add 10⁻⁶mol/L simvastatin and LDL. (unpublished data)

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NOX2的敲低可逆转FFA诱导的NIT-1细胞功能障碍与凋亡

Figure showing that knockdown of NOX2 reverses FFA-induced dysfunction and apoptosis in NIT-1 cells. Panels A and B show bar graphs and Western blots.

Yuan H et al. *PLoS ONE*. 2019; 14(12): e015729.

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辛伐他汀抑制β细胞中ROS的产生

Figure showing the effect of simvastatin on ROS production in β cells. Panels A and B show flow cytometry histograms of ROS production.

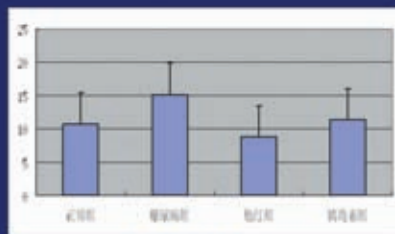
A: control B: add 80mg/dL LDL C: add 20mg/dL HDL and 80mg/dL LDL D: add 10⁻⁶mol/L simvastatin and 80mg/dL LDL

(unpublished data)

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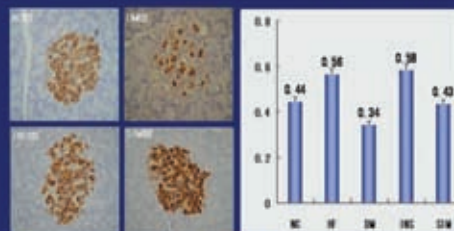
辛伐他汀干预降低2型糖尿病大鼠血清MDA水平



Unpublished data

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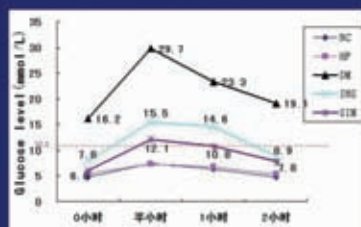
辛伐他汀干预升高2型糖尿病大鼠β细胞内胰岛素水平



Unpublished data

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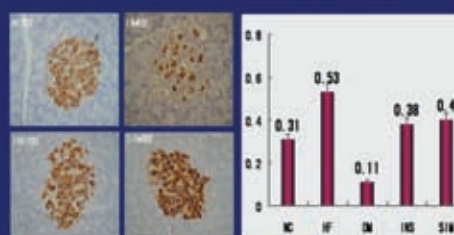
辛伐他汀干预降低2型糖尿病大鼠血糖水平



Unpublished data

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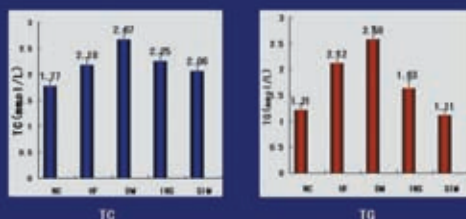
辛伐他汀干预增加2型糖尿病大鼠胰岛β细胞相对量



Unpublished data

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辛伐他汀干预降低2型糖尿病大鼠血脂水平



Unpublished data

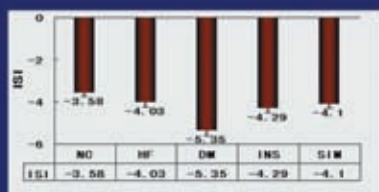
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他汀的抗氧化作用

- Suppress expression of NADPH oxidase.
- Decrease ROS generation.
- Increase expression of eNOS and elevate NO level.

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辛伐他汀干预改善2型糖尿病大鼠胰岛素敏感性

胰岛素敏感指数 (ISI) 计算公式为 $1/(\text{FBG} \times \text{FSI})$ 的自然对数

Unpublished data

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Acknowledgments



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Thank you!



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